



Coventry and District Association of Swimming Clubs

Affiliated to ASA WM Region Held under ASA Laws and Technical Rules

Licensed at Level 3

To be held at the Pingles Leisure Centre Nuneaton

Conditions for Secondary Galas

AGE AS AT 20th May 2018 Licence Level 3

- 1 This meet is being held on Saturday the 19th and Sunday 20th May 2018 and is restricted to swimmers who are members of clubs affiliated to the Association whose times fall within the accepted limits (see Qualifying times).
- 2 A Sportsystems entry file will be e-mailed to each club, **all entries** should be made electronically by club entry and returned to georgina.holtom@btinternet.com Clubs are responsible for the accuracy of their entries and entries without times (training times are allowed) will not be accepted.
- 3 Entry Fees will be £3.50 per event entered. Only entries which are received with payment, a club cheque made payable to the Coventry and District ASC or Bank Transfer to

Sort Code 54-41-00

AC 47554193 (Ref Club Name)

by the closing date 30th April 2018 will be accepted.

Any cheques should be sent to:

Georgina Holtom
27 Deronda Close
Bedworth
CV12 8QY

There will be no refunds on entry fees.

- 4 All Ages will swim in the same events with the exception of the IM's and results will be split into the individual age groups.

Age Groups for entries:

Girls/Boys	9yrs	50m & 200m each stroke 100m IM
Girls/Boys	10/11/12/13/14/15ov	50m, 100m, and 200m each stroke 200m IM
Girls/Boys	11/12/13/14/15ov	400Free

Medals will be awarded as Follows:

100m IM	9 years (First 8 Places in each Age Group)
50m Events	9/10/11/12/13/14/15ov (First 8 Places in each Age Group)
100m Events	10/11/12/13/14/15ov (First 8 Places in each Age Group)
200m Events	9/10/11/12/13/14/15ov (First 8 Places in each Age Group)
400m Free Event	11/12/13/14/15ov (First 8 Places in each Age Group)

Medals can only be collected by swimmers themselves and this should be done during the Session in which they have been won, this is to avoid queues forming at the end of the meet.

To prevent empty lanes it is essential that any swimmer who has entered but is unable to compete on the day withdraws. These withdrawals can be made either by e-mailing:

withdraw@canddswimming.org.uk

Or on the day of meet, this must be done at least one hour before the start of the Gala.

Please be aware that we have chosen not to enforce fines for non-withdrawals, however abuse of this rule will result in fines being applied for future events.

The promoters reserve the right to change starts time or to limit the amount of entries into an individual event should the need arise.

- 5 Clubs must abide by the promoter's conditions.
- 6 Overhead starts will be used.
- 7 Clubs will be issued with Poolside Passes (no charge) and Starts Lists on the day of the Meet and Results will be available on the Coventry and District website www.canddswimming.org.uk
- 8 Each club is responsible for providing the following officials for **each session**.
 - 1 Judge (minimum ASA qualification J1)
 - 2 Timekeepers (minimum qualification ASA timekeeper in training for J1)
ASA number must be provided

This information should be submitted to Sally Stowe
sallystow@btinternet.com
at least two weeks prior to the event.

- 9 Clubs must ensure that if their swimmers are using the starting block that they have reached the competitive start award standard.
- 10 Each club is responsible for the organisation and safety of their swimmers during the warm up
- 11 No-one but Officials and Current Competitors will be allowed behind the blocks during the Gala.
- 12 **It is requested that swimmers do not take large bags onto poolside but these should be left in the lockers provided in the changing rooms.**

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- 13 Coaches and Team Managers will not be allowed to obstruct the area used for the marshalling of swimmers on the Balcony Side of the pool area.**
- 14 For safety reasons swimmers should not leave the pool deck area without suitable footwear.**
- 15 Extra Seating will be provided for swimmers on poolside but due to the limited space camping chairs (any type including the fold up ones will not be allowed). Competitors will be requested to remove them if necessary.**

COVENTRY & DISTRICT ASSOCIATION OF SWIMMING CLUBS
Secondary Galas 2018
Schedule of Events

GALA 1 19 th May 2018 1.30pm		GALA 2 19 th May 2018 TBA	
101	Boys 9yrs/over 200m Freestyle	201	Girls 10yrs/over 100m Freestyle
102	Girls 9yrs/over 200m Breaststroke	202	Boys 10yrs/over 100m Freestyle
103	Girls 9yrs 100m IM	203	Girls 9yrs/over 50m Backstroke
104	Boys 10yrs/over 100m Backstroke	204	Boys 9yrs/over 50m Backstroke
105	Girls 10yrs/over 100m Backstroke	205	Girls 10yrs/over 100m Breaststroke
106	Boys 9yrs/over 50m Breast	206	Boys 10yrs/over 100m Breaststroke
107	Girls 9yrs/over 50m Breast	207	Girls 9yrs/Over 200m Butterfly
108	Boys 9yrs/Over 200m Butterfly		
GALA 3 20 th May 2018 9.15 am		GALA 4 20 th May 2018 TBA	
301	Girls 9yrs/over 200m Freestyle	401	Boys 10yrs/over 200m IM
302	Boys 9yrs/over 200m Breaststroke	402	Girls 10yrs/ over 200m IM
303	Boys 9yrs 100m IM	403	Boys 9yrs/over 50m Butterfly
304	Girls 10yrs/over 100m Butterfly	404	Girls 9yrs/over 50m Butterfly
305	Boys 10yrs/over 100m Butterfly	405	Boys 11yrs/over 400m Freestyle
306	Girls 9yrs/over 50m Freestyle	406	Girls 11yrs/over 400m Freestyle
307	Boys 9yrs/over 50m Freestyle		
308	Girls 9yrs/over 200m Backstroke		
309	Boys 9yrs/over 200m Backstroke		

QUALIFYING TIMES

Qualifying times are **Short Course** and should be **No Faster** than times Shown in the Table Below

Event	Boys							Girls						
	9	10	11	12	13	14	15/OV	9	10	11	12	13	14	15/Ov
50m Free	39.5	35.9	33.9	31.7	29.9	28.5	27.6	39.8	36.2	33.8	32.3	31.1	30.4	30
100m Free	N/A	1:17.6	1:11.50	1:08.4	1:04.1	1:01.2	59.4	N/A	1:18.6	1:12.9	1:09.0	1:06.5	1:05.1	1:04.3
200m Free	3:09.8	2:51.0	2:39.6	2:28.7	2:19.8	2:13.0	2:09.1	3:08.90	2:49.7	2:37.8	2:29.3	2:22.8	2:20.3	2:18.4
400m Free	N/A	N/A	5:32.5	5:11.5	4:53.9	4:41.2	4:33.3	N/A	N/A	5:29.0	5:10.4	4:58.0	4:52.2	4:48.5
50m Breast	50.42	46.9	43.9	40.8	37.8	36	34.8	50.42	46.9	43.6	41	39.1	38.2	37.6
100m Breast	N/A	1:42.00	1:33.00	1:27.2	1:21.2	1:17.4	1:14.6	N/A	1:43.2	1:33.2	1:27.6	1:23.5	1:21.1	1:20.2
200m Breast	4:05.5	3:39.9	3:24.0	3:08.7	2:56.1	2:46.9	2:41.9	4:03.5	3:37.9	3:19.8	3:08.2	2:59.2	2:54.7	2:53.3
50m Fly	43.43	40.4	37.9	35.5	33.1	31.3	30	42.89	39.9	37.4	35.5	34	33.1	32.6
100m Fly	N/A	1:31.5	1:21.9	1:17.2	1:11.7	1:07.9	1:05.0	N/A	1:31.5	1:21.9	1:17.2	1:13.7	1:11.6	1:11.0
200m Fly	3:49.00	3:25.1	3:04.4	2:50.4	2:39.1	2:30.2	2:23.8	3:45.9	3:21.8	3:02.2	2:49.8	2:41.6	2:36.4	2:34.0
50m Back	44.61	41.5	39.1	36.5	34.3	32.7	31.3	44.18	41.1	38.6	36.6	35.3	34.5	34
100m Back	N/A	1:31.1	1:22.50	1:17.1	1:12.2	1:08.3	1:06.0	N/A	1:30.5	1:22.3	1:16.9	1:14.0	1:12.5	1:11.2
200m Back	3:36.5	3:12.9	2:57.2	2:44.7	2:35.2	2:27.4	2:21.9	3:32.2	3:09.3	2:54.7	2:44.6	2:38.5	2:34.5	2:32.2
200m Ind Med	N/A	3:17.4	2:58.50	2:48.8	2:38.6	2:30.5	2:25.3	N/A	3:17.00	2:58.1	2:48.6	2:42.0	2:38.2	2:36.3
100m Ind Med	1:35.0	N/A	N/A	N/A	N/A	N/A	N/A	1:35.0	N/A	N/A	N/A	N/A	N/A	N/A